



Holiday Heat & Serve Meals

ALLERGEN GUIDE

This information is applicable as of 9/15/26

AN IMPORTANT NOTE TO OUR GUESTS

Whether you're craving a traditional breakfast, fresh salad or homestyle favorite, we like to think there's something for everyone at Cracker Barrel Old Country Store®. Knowing that some of our guests may have specific dietary needs, we've crafted a variety of dishes to make sure that everyone at the table can enjoy a delicious meal that's right for them.

The information provided in this guide is based upon ingredient statements provided to us by our suppliers and highlights which menu items are prepared without allergen containing ingredients. Our normal kitchen operations involve shared preparation and cooking areas, including common fryer oil; therefore, cross-contact of all our menu items is possible. We have identified menu items cooked in our fryer or on our grill that may come in contact with **ALL** allergens and are marked with a **"Y."** **Fried and Grilled items should NOT be consumed if you have a food allergy. We cannot guarantee that the menu items listed are completely free of allergens.** Regarding gluten, menu items that do not contain gluten does not necessarily meet the definition of "gluten-free" for those who are highly sensitive. **We recommend our guests with food allergies speak with the restaurant manager prior to placing an order, to make the kitchen aware of your needs.**

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Holiday Heat n' Serve Family Meal To-Go

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation		Common Allergies									
X - Menu item contains specific allergen												
Heat n' Serve Holiday Ham Family Dinner (serves 4-6)												
Meal Includes:	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Spiral Sliced Sugar Cured Ham (with glaze packet)												
Cornbread Dressing, no gravy					X			X		X	X	
Macaroni n' Cheese					X			X		X	X	
Country Green Beans												
Roasted Gravy					X			X		X	X	
Cranberry Relish												
Sweet Yeast Rolls			X		X					X	X	
Butter Cups					X							
Heat n' Serve Holiday Ham Feast (serves 8-10)												
Meal Includes:	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Spiral Sliced Sugar Cured Ham (with glaze packet)												
Cornbread Dressing, no gravy					X			X		X	X	
Macaroni n' Cheese					X			X		X	X	
Mashed Potatoes					X			X				
Country Green Beans												
Roasted Gravy					X			X		X	X	
Cranberry Relish												
Sweet Yeast Rolls			X		X					X	X	
Butter Cups					X							
Apple Streusel Pie					X					X	X	
Pecan Pie			X					X	X	X	X	
Heat n' Serve Holiday Prime Rib Family Dinner (serves 4-6)												
Meal Includes:	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Prime Rib												
Au Jus								X		X	X	
Horseradish			X									
Mashed Potatoes					X			X				
Macaroni n' Cheese					X			X		X	X	
Country Green Beans												
Roasted Gravy					X			X		X	X	
Sweet Yeast Rolls			X		X					X	X	
Butter Cups					X							

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Sides	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Hashbrown Casserole					X			X		X	X
Loaded Hashbrown Casserole					X			X		X	X
Mashed Potatoes					X			X			
Loaded Mashed Potatoes					X			X			
Macaroni n' Cheese					X			X		X	X
Sweet Whole Baby Carrots								X			
Country Green Beans											
Fried Apples											
Cornbread Dressing, no gravy					X			X		X	X
Sweet Potato Casserole <i>contains pecans</i>					X			X	X		
Broccoli Cheese Casserole					X			X		X	X
Iced Tea n' Beverages	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Unsweetened Iced Tea											
Sweetened Iced Tea											
Holiday Berry Tea											
Old-Fashioned Lemonade											
100% Pure Orange Juice											
Desserts	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Apple Streusel Pie					X					X	X
Chocolate Pecan Pie			X		X			X	X	X	X
Pecan Pie			X					X	X	X	X
Cinnamon Roll Pie			X		X			X		X	X
Breakfast	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Shellfish	Soy	Tree Nuts	Wheat	Gluten
French Toast Bake			X		X			X		X	X

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